

Do you have diabetes and are you interested in research? Are you over the age of 40?

People with diabetes are at slightly higher risk of circulatory problems (such as heart attacks and strokes). ASCEND is a large, national study being coordinated by the University of Oxford supported by the British Heart Foundation which is investigating treatments to prevent the development of circulatory problems in people with diabetes.

If you have not had heart disease (e.g. heart attack or angina) or a stroke (or a TIA or “mini-stroke”), then ASCEND could be suitable for you.

ASPIRIN



There is very good evidence to support the use of aspirin in people who already have circulatory disease, but at present there is insufficient evidence to support its routine use in people with diabetes without circulatory disease. Since aspirin occasionally causes problems with bleeding, we would like to provide the evidence so doctors can know whether or not aspirin should be given to people with diabetes without circulatory disease.

OMEGA-3 FATTY ACIDS (“fish oils”)



We know that people who eat oily fish are less likely to develop heart disease. ASCEND is investigating whether taking omega-3 fatty acid supplements can prevent the development of circulatory problems in people with diabetes.

Where can I find out more about ASCEND?



Further details are available on our website:
www.ctsuo.ox.ac.uk/ascend



Or you can speak to a member of the study team by calling:
(Freefone) 0800 585323

What do I do if I am interested in taking part?

Please take one of the leaflets, complete your details and send it back to us. This does not commit you to entering the study, but we will then send you some further information.

Thank you for your interest.